



# BALDWIN MARTIAL ARTS



## YOUN WHA RYU MARTIAL ARTS ASSOCIATION

Are you ready to get off the couch and do something to improve your health, your fitness, your strength, your balance, your flexibility, your self confidence, and learn to defend yourself all at the same time? Wouldn't you like to meet new friends and have fun while doing all of these things? Stop telling yourself you can't do Martial Arts, what you see on Television is not real, come learn Real Martial Arts with Real people who have Real lives just like you.

Wasn't it you that said tomorrow I am going to start something to improve my life?

Well tomorrow never comes and we have just the thing that can change your life for the better. Today is the day for you to get started, Walk Run Drive or ride your bike down town to the BCRC office and tell them Tom sent you to sign up and become part of the Baldwin Martial Arts School. Just show up, we will take you just as you are and help you to reach your goals

There are no long term contracts, just a month by month enrollment. You can come one night a week or both for the same low fee. Feel free to come by and talk to us about our class and talk to our students and see what our class is all about.

We offer classes on Monday and Wednesday evening; you can take one or both all for the same low price.

We offer a **FAMILY** class for the 7 to 107 year olds. Younger children can join if an adult family member is joining & training with them. FAMILY CLASS trains from 6:00 to 7:30

We offer an **ADVANCED** class for Red belt and above ADVANCED CLASS trains from 7:30 to 8:00 or longer

We have 3 Youn Wha Ryu certified instructors to better serve you and your family

We train at the **Baldwin Intermediate Center** located at 100 bull pup drive. Come by and try the first week at no cost and with no obligation to join.

Visit us on line at [www.ywrma.com](http://www.ywrma.com) go to Locations and select Baldwin.

You can also find us on **face book** at **Baldwin Martial Arts**.